



VIRGINIA COMMONWEALTH UNIVERSITY

WWW.VCUATHLETICS.COM



PERSONAL INFORMATION

NAME: _____
HOME PHONE: _____ CELL PHONE: _____
ADDRESS: _____
YOUR E-MAIL ADDRESS: _____ HEIGHT: _____ WEIGHT: _____
SOCIAL SECURITY NUMBER: _____ DATE OF BIRTH: ____/____/____
FATHER'S NAME: _____ MOTHER'S NAME: _____
OCCUPATION: _____ OCCUPATION: _____
WORK PHONE NUMBER: _____ WORK PHONE NUMBER: _____

School Phone: _____

H.S. Coach's Name: _____

Coach's Office: _____

Coach's Home: _____

Coach's Cell: _____

ACADEMIC INFORMATION

NAME OF HIGH SCHOOL: _____
ADDRESS: _____
YEAR OF GRADUATION: _____ GUIDANCE COUNSELOR'S NAME: _____
PLANNED COURSE OF STUDY: _____
HAVE YOU REGISTERED FOR NCAA CLEARINGHOUSE: YES _____ NO _____ IF SO, WHEN? _____
GPA: _____ CLASS RANK: _____
SAT SCORES (PSAT IF YOU HAVE NOT YET TAKEN SAT): VERBAL _____ MATH _____ ACT SCORE: _____

LIST YOUR TOP 3 COLLEGE CHOICES

WHAT INTERESTS YOU MOST ABOUT VCU?

TRACK AND FIELD/CROSS COUNTRY INFORMATION

LIST ALL BEST MARKS.

PLEASE PUT DISTANCE (FT. OR METERS) AND F.A.T. TIMES ONLY

Table with 2 rows of track and field events: TRACK (100m, 200m, 400m, 100h, 300h, 400h, 800m, 1600m, 3200m) and FIELD (PV, Discus, Shot, Hammer, Javelin, Triple J, High J, Long J, Heptath)

NAME OF FAMILY AND FRIENDS AT VCU:

PLEASE MAIL QUESTIONNAIRE TO:

VCU WOMEN'S TRACK & FIELD
1300 WEST BROAD STREET
SECOND FLOOR, SPORTS
MEDICINE BUILDING
RICHMOND, VA. 23284

CROSS COUNTRY
5k or 3 Mile (circle one) Time: _____
Championships Name of Meet: _____
Place at State Meets: _____

VCU WOMEN'S TRACK CONTACTS (TEAR OFF AND SAVE CONTACT INFORMATION)

Jon Riley
Head Coach
jlriley@vcu.edu
804-827-0946

Ethan Tussing
Assistant Coach/Recruiting Coordinator
ektussing@vcu.edu
804-828-1733

Jen Seidel
Director of Compliance
jlseidel@vcu.edu
804-828-4819

Chris Pope
Asst. Director of Student Services
cdpope@vcu.edu
804-828-7618

Scott Quarforth
Academic Advising
sqquarforth@vcu.edu
804-828-1655

IMPORTANT WEBSITES

www.ncaaclearinghouse.net

www.vcu.edu/admissions

www.vcu.edu